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our friends at .com/nicenotes

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## SEND NICE NOTES CHALLENGE

Can you send a note every week for 40 weeks?

Display this log on your fridge or in your office to remind you and to keep track of each letter you send.

Challenge your friends at nicelynoted.com/nicenotes

What a lot we lost when we stopped writing letters. You can't reread a phone call.

- Liz Carpenter